

2011 - 2012 FCCLA Advisor Guide



Minnesota Family, Career and Community Leaders of America

PO Box 131386
Roseville, MN 55113
Phone: 651-330-2855 Fax: 651-582-8388

Table of Contents

What is Family, Career & Community Leaders of America (FCCLA)	3
FCCLA Programs.....	4 – 5
Benefits of FCCLA.....	6
Requesting Administrators Approval.....	7
Petition to begin an FCCLA Chapter.....	8
Sample Budget.....	9
Sample Letter to School Board.....	10
Beginning Your Chapter.....	11 – 12
Incorporating FCCLA into your FACS program.....	13 – 17
New Chapter Action Plan.....	18 – 22
First FCCLA Meeting Lesson Plan.....	23 – 27
50 Membership Ideas.....	28 – 29
Fundraisers from A – Z.....	31 – 34
FCCLA Planning Process.....	35
FCCLA Planning Sheet.....	36

What is FCCLA?

Family Career and Community Leaders of America (FCCLA) is a dynamic and effective national student organization that helps young men and women become leaders and address important personal, family, work and societal issues through Family and Consumer Sciences Education. FCCLA has more than 220,000 members and nearly 7,000 chapters from 50 state associations and the District of Columbia, Puerto Rico, and the Virgin Islands. The organization has involved more than ten million youth since its Founding in 1945.

FCCLA: The Ultimate Leadership Experience is unique among youth organizations because its programs are planned and run by members. It is the only career and technical in-school student organization with the family as the central focus. Participation in national programs and chapter activities helps members become strong leaders in their families, careers and communities.

Mission Statement

To promote personal growth and leadership development through Family and Consumer Sciences Education.

Focusing on the multiple roles of family member, wage earner, and community leaders, members develop skills for life through character development, creative and critical thinking, interpersonal communications, practical knowledge, and career preparation.

Purposes

1. To provide opportunities for personal development and preparation for adult life.
2. To strengthen the function of the family as a basic unit of society.
3. To encourage democracy through cooperative action in the home and community.
4. To encourage individual and group involvement in helping achieve global cooperation and harmony.
5. To promote greater understanding between youth and adults.
6. To provide opportunities for making decisions and for assuming responsibilities.
7. To prepare for the multiple roles of men and women in today's society.
8. To promote Family and Consumer Sciences Education and related occupations.

State Contact Information:

MN FCCLA Executive Director

Wendy Ambrose
1500 Highway 36 West
Roseville, MN 55113
Phone: 651-330-2950
Fax: 651-582-8388
mnfcclawendy@gmail.com

MN Members Services Coordinator

Shelly Barrett
1500 Highway 36 West
Roseville, MN 55113
Phone: 651-330-2855
Fax: 651-582-8388
mnfcclashelly@gmail.com

FCCLA Programs



Career Connections

A national program that guides young people to link their options and skills for success in careers, families, and communities.



Community Service

A national program that guides students to develop, plan, carry out and evaluate projects that improve the quality of life in their communities.



Dynamic Leadership

A national program that helps young people learn about leadership; recognize the life long benefits of leadership skills; practice leadership skills through FCCLA involvement; and become strong leaders for families, careers and communities.



Families Acting for Community Traffic Safety (FACTS)

A national peer education program through which young people strive to save lives through sober driving, seat belt use and safe driving habits.



Families First

A national peer education program through which young people gain a better understanding of how families work and learn skills to become strong family members.



Financial Fitness

A national peer education program that involves youth teaching other young people how to make, save, and spend money wisely.



Japanese Exchange

FCCLA members are selected for scholarship opportunities to travel to Japan for four to six weeks and live with a Japanese host family. The opportunity to experience the day-to-day life of another country and its people enhances students' awareness of international issues.



Leaders at Work

A national program that motivates students to prepare for career success and recognizes FCCLA members who create projects to strengthen leadership skills on the job.



Power of One

A national program that helps students find and use their personal power. Members set their own goals, work to achieve them and enjoy results.



STAR Events

National competitive events in which members are recognized for proficiency and achievement in chapter and individual projects, leadership skills, and career preparation.

STAR Event Categories

Minnesota Only Events/ These events do not advance to nationals

Every Day Equations
FACS of LifeSkills
Laws of Life
See What We've Done
The Senior Buzz
Show Me

Every day problems math test
Head to Head Buzzer game with consumer issue questions
Essay Competition
Tell about a project your chapter has done in a display form
Head to Head Buzzer game with FCCLA questions
How to type of presentation

National Events

Foundational

Applied Technology
Career Investigation
Entrepreneurship
Environmental Ambassadors
Focus on Children
Illustrated Talk
Interpersonal Communication
Job Interview
Life Event Planning
Nutrition and Wellness
Parliamentary Procedure
Recycle & Redesign

Leadership

Advocacy
Chapter Service Project Display
Chapter Service Project Manual
Chapter Showcase Display
Chapter Showcase Manual
Leadership
National Programs in Action
Promote & Publicize FCCLA!

Career Preparation

Fashion Construction
Fashion Design
Food Innovations
Hospitality, Tourism, and Recreation
Interior Design
Teach & Train

Online STAR Events

Digital Stories for Change
Virtual Poster
"No Kid Hungry"- National Outreach Project

2011 Fall National Contests

FCCLA Membership Recruitment Video
FCCLA Week Poster Design

For more information about STAR Events look on our state and national websites and click on STAR Event Manual



Student Body

A national peer education program that helps young people learn to eat right, be fit, and make healthy choices.



STOP the Violence

A national peer education program that empowers youth with attitudes, skills and resources in order to recognize, report, and reduce youth violence.

Benefits of FCCLA

For Students:

- Students are given leadership and service learning opportunities
- Engages students in community
- Opportunities to introduce students with civic engagement
- Students are eligible for possible scholarship moneys
- Opportunities to win awards
- Some schools give students an opportunity to letter in FCCLA
- Students have the potential to travel the world in FCCLA
- Looks great on a college application
- Unique experience to meet other youth from all over the country
- Improve self esteem
- Observe FACS related careers

For Teachers:

- Creates positive interaction with students
- Promotes your FACS program to parents, administrators, and community
- Access to curriculum Materials
- Reduce preparation time as students take responsibility for learning
- Networking with other FACS Teachers
- Aligning local curriculum with National Standards
- You can embed FCCLA in your current classes
- Opportunities for clock hours for licensing
- Opportunities to strengthen your local FACS Advisory Board
- Strengthen your community relations
- Guide students toward meaningful projects that enhance the image of FACS education
- Attract more students

For Administrators:

- Free press and public relations for your FACS program and school
- Community service/ service learning opportunities for students
- Leadership development for students and teachers
- Career exploration for students
- Organization and skill building for students
- Motivate and improve students' attitudes toward school and learning
- Facilitate the transition from school to career
- Gain community support for programs
- Prepare employable citizens
- Demonstrate classroom learning in the community

Requesting Administrators Approval

Gaining administrative approval and support are vital to the success of your FCCLA chapter. Collect information and develop a brief presentation to explain the benefits of an FCCLA integrated or after school chapter.

FCCLA Advantages for Administrators

Family Career and Community Leaders of America (FCCLA) is the youth leadership organization for Family and Consumer Sciences Education. It completes the Family and Consumer Sciences Education program by involving students in hands-on, meaningful experiences that reach beyond the classroom and provide authentic and student-directed learning.

FCCLA brings classroom lessons to life. Integrating FCCLA into the classroom:

- Enriches student learning and improves self-esteem
- Involves all Family and Consumer Sciences students, thereby serving youth with a range of ability levels, economic situation, and cultural influences
- Provides opportunities to implement and assess student mastery of the Family and Consumer Sciences National Standards
- Revitalizes teaching and learning

At the heart of FCCLA is student involvement in projects and activities they plan, carry out, and evaluate themselves. Chapter projects and activities stem from and enhance Family and Consumer Sciences programs of study. With FCCLA in the classroom, most of these experiences occur during class time. Some assignments and small group projects may also occur outside of class.

Through their FCCLA involvement, students sort out thoughts, analyze situations, set goals, interact with others, apply classroom knowledge, and become leaders in today's- and tomorrow's- families, careers, and communities. Many agree that this is exactly what schools and educators need to offer young people.

FCCLA offers unique advantages for administrators

- FCCLA provides a ready-to-use framework for implementing educational priorities, such as school-to-career efforts, cooperative learning, standards and competencies, and volunteerism/citizenship requirements.
- Through project activities and publicity efforts, FCCLA reaches into the community to demonstrate how academic lessons are applied.
- FCCLA excites students about learning and makes them enthusiastic ambassadors for the school.
- Integrated FCCLA offers recognition for a diverse population of students, including many who are not otherwise involved in school activities.
- Region, state and national recognition in FCCLA programs strengthens the public's image of the school.
- FCCLA chapters' service projects build community good will and support.
- Integrate FCCLA is a highly effective way to help students explore careers and prepare for the transition into the work force or higher education

Your support of FCCLA is a key element of its success. By extending this opportunity to students, you help them build leadership for families, careers, and communities.

Petition to the Anytown Area School District to begin a FCCLA Chapter

Title of the Group: Family Career and Community Leaders of America (FCCLA)

Purpose:

1. To provide opportunities for personal development and preparation for adult life.
2. To strengthen the function of the family as a basic unit of society.
3. To encourage democracy through cooperative action in the home and community.
4. To encourage individual and group involvement in helping achieve global cooperation and harmony.
5. To promote greater understanding between youth and adults.
6. To provide opportunities for making decisions and for assuming responsibilities.
7. To prepare for the multiple roles of men and women in today's society.
8. To promote Family and Consumer Sciences Education and related occupations.

Goals or Mission:

FCCLA promotes personal growth and leadership development through family and consumer sciences education. Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through.

- Character Development
- Creative and critical thinking
- Interpersonal communication
- Practical knowledge
- Career preparation

Student Eligibility:

Members are students through grade 12 who are taking or have taken family and consumer sciences.

Intended Affiliation:

National, State, Regional, Local

Student signatures:

Student Signatures:

Name	Grade
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Name	Grade
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Advisor Signatures:

Principal Signature:

Sample FCCLA Budget

The overall sample budget and meeting registration fees are based on estimates. Adjustments need to be made based on local school district practice and policy.

Curriculum Materials	\$50.00
Fall Regional Meeting	
School bus or van	\$ _____
Registration for 9 students	\$108.00
Registration for Advisor	\$12.00
Daily substitute for 1 advisor	<u>\$120.00</u>
<i>Subtotal</i>	<u>\$260.00</u>
November Summit (Optional)	
School bus or van	\$ _____
Registration for 2 students	\$50.00
Registration for 1 Advisor	<u>\$20.00</u>
<i>Subtotal</i>	<u>\$70.00</u>
Affiliation Options	
Middle School Affiliation Option	
National Fee	\$400.00
State Fee	<u>\$250.00</u>
OR	<u>\$650.00</u>
Per Member Affiliation \$19.00 per person	\$ _____
Chapter Projects Startup Fund	\$100.00
State Conference Travel	
School Bus or Van	\$ _____
Registration for 2 Students	\$130.00
Registration for 1 Advisor	\$ 95.00
Hotel Packages for 2 Students	\$200.00
Hotel Package for 1 Advisor	<u>\$200.00</u>
<i>Subtotal</i>	<u>\$525.00</u>
Total	\$1655.00

**Please note: This sample budget is does not include an after school advisor activity stipend or inclusion of STAR Event participation. Please adjust your chapter budget and present that to your administrators.

Sample Letter to Board of School Directors

Family and Consumer Sciences
Department

Anytown Area High School
1500 Highway 36 West
Roseville, MN 55113

September 29, 2011

Board of Directors
Anytown Area School District
Administration Building
1500 Highway 36 West
Roseville, MN 55113

Dear Members of the Board:

After meeting with the Minnesota Family, Career and Community Leaders of America (FCCLA) Executive Director, Staff and members, it became very obvious that our students are in need of the opportunity to be part of a FCCLA chapter. The students who came and presented information about the organization were poised and eloquent in speech. Both students attributed these characteristics to their association with FCCLA. In order to provide similar experiences for our students, we are submitting a petition to begin a Family, Career and Community Leaders of America chapter at the anytown High school.

At the high school level FCCLA dues are \$19.00 per member for State and National affiliation dues. There is also an opportunity to create a co-curricular chapter at the middle level, FCCLA offers a blanket charge for National and State affiliation dues. This way all students can be members and materials can be used in the classroom, making the program inter-curricular. We have also included a budget and would like to request a start-up funding. Using FCCLA materials within the classroom can not only greatly enhance our program, but also reinforce concepts that are to be taught according to our Pennsylvania Family and Consumer Sciences Standards.

With the onset of school violence and the realization that student involvement in after-school programs helps ameliorate some of these societal problems, FCCLA has developed a program entitled *STOP the Violence*. Training for this program will be taking place at the Regional Meeting that will be held at Williamsport Area High School on November 12th. We would like to take a committee of 4 students to be trained in promoting the *STOP the Violence* program within the school, along with our officers, who would also be trained to fulfill their leadership responsibilities.

Thank you for reviewing our request.

Sincerely,

Teacher Names
Family and Consumer Sciences Instructors

Beginning your chapter

FCCLA is a youth led organization, but it requires the assistance of adults. The advisor can truly make FCCLA go and grow. It is the:

Attitude
Dedication
Vision
Initiative
Support
Optimism
Rapport

That builds chapters and provides opportunities for students.

Advisors Responsibilities

1. Make FCCLA an integral part of your classes
2. Be familiar with the organization
3. Assist in forwarding necessary information to the state and national associations
4. Provide leadership training
5. Help organize and schedule meetings
6. Assist officers in performing their duties
7. Help plan the program of work and other necessary information
8. Make state and National information available to members.

Working with Students

1. Locate and uncover special interests, talents and abilities of chapter members
2. Explain the expectations of students as leaders.
3. Provide information needed for them to carry out their responsibilities
4. Be creative and encourage students' creativity
5. Provide motivation and support. Be the guide by the side, not the sage on the stage.
6. Express thanks and appreciation, encourage students to do the same
7. Provide learning opportunities in FCCLA to prepare students to be better leaders and workers
8. Express the importance of evaluating leadership opportunities and experiences

REMEMBER...

- Growth of members is important. Remember that our goal is not to have a perfect activity or project, but to let the students carry the responsibility. You are the ADVISOR
- It is unwise to overwork a few who have demonstrated that they can do a job in leadership roles and neglect others who may not have. Delegate responsibility to involve more members
- **Most important- Students do not perform as adults!** They are students and they will perform as students. They make errors, but the important thing is to encourage them to keep trying.

KEEPING YOUR SANITY...

- There is only one you- you can not possibly do everything and perform perfectly in all you do!
- Start small with things you are comfortable doing, i.e., attend a regional meeting, encourage students to perform in STAR Events, and complete a state or national project. Take one step at a time. Familiarize yourself with the activity before turning it over to the students.
- Remember to cooperate with the school administration. They may not always be informed about our organization, but be the public relations person until they do. Invite them to functions, involve them in judging or planning activities, send thank you letters, etc. Make them feel as though they have a significant role in the organization.
- Set reachable goals. Rome was not built in a day. Neither were strong FCCLA chapters. Baby steps will eventually get you where you are going. Take on only as much as you feel comfortable doing. The rest will come with time.
- Utilize resources. If you have parents, administrators, other teachers, or community members who want to help, let them. Our organization is about community involvement. It is fine to delegate or ask for help!

Chapter Structure Options

One Chapter per class

Each class functions as a chapter within the classroom, selecting leaders and conducting projects. Each class affiliates as a separate chapter.

One Chapter per Advisor

In a multiple-teacher school, each advisor's classroom mini-chapters affiliate as a separate chapter.

After School Chapter

Due to block scheduling or other scheduling conflicts your school might choose to have an after school chapter. This is great for members who are not currently enrolled in a FACS class. Members in an after school chapter are more likely to work on individual projects. Out of class members may meet occasionally before, after or during lunch period to discuss progress, make joint plans and socialize.

Incorporating FCCLA Projects into your FACS program

National FACS Standards	Example of FCCLA Project Idea
<p>1.0 Career, Community & Family Connections</p> <p>Integrate multiple life roles and responsibilities in family, work, and community settings.</p> <p><i>Possible FACS Courses</i> <i>FACS General, Earth Science, Career Communications, Lifeskills, Human Relations, Independent Living, Interior Design, Family Economics, Work Readiness, Food and Nutrition, Foods, Career Exploration, Finance, Service Learning, Child Development, Clothing and Fashion, etc.</i></p>	<p>FACTS- (Families Acting for Community Traffic Safety) Plan a Child Safety Seat clinic for your community. Partner with your local police department and encourage parents to test their child seats and provide safety tips.</p> <p>STAR Events- Job Interview Have your class complete the Job Interview STAR Event out of the National STAR Event Handbook. Students will complete a portfolio and gain valuable interview skills.</p> <p>Community Service Set up or improve a local food pantry. Collect and organize donated food. Work with social services, government and faith based agencies to set up a system for distributing the food. Organize students to staff the pantry and distribute food to families in your community.</p>
<p>2.0 Consumer and Family Resources</p> <p>Evaluate management practices related to the human, economic, and environmental resources.</p> <p><i>Possible FACS Courses</i> <i>Earth Science, Informed Consumerism, Family Economics, Financial Literacy, Independent Living, Parenting, Child Development, Work Based Learning,</i></p>	<p>Financial Fitness Incorporate the America Saves program into your classroom. Have your classroom challenge different classes to compete to save the most amount of money in their personal savings accounts.</p> <p>Community Service Set up and manage a recycling system for your school. Collect, sort and recycle paper, cardboard, cans, bottles, and plastic. Encourage students to take the lead in recycling at home.</p> <p>Families First Have students develop a marketing campaign that encourages their peers to eat dinner with their families at least twice a week. Take it one step further and have your students create a fun game to play that will challenge families to get know each other better.</p>
<p>3.0 Consumer Services</p> <p>Integrate knowledge, skills, and practices required for careers in consumer services.</p> <p><i>Possible FACS Courses</i> <i>Life Management Skills, Consumerism, Fashion Merchandising, ProStart, Culinary Arts, Living on my own, Housing design, Personal finances</i></p>	<p>Career Connections Have your students plan a career fair for the entire school. Invite careers related to Family and Consumer Sciences such as Nutritionists, Interior Designers, Textile Designers, Meeting and Convention Planner etc.</p> <p>Power of One Have students research a career they are interested in and set up a day or two to job shadow. Encourage students to evaluate what steps they would need to complete in order to attain and what skills are needed to excel in that particular job.</p> <p>Leaders at Work Get your students familiar with Parliamentary Procedure, have your students make cookies using the Parliamentary Procedure. Reflect and discuss what the purpose of parliamentary procedure is and how they could use it in their future careers.</p>

<p>4.0 Education And Early Childhood</p> <p>Integrate knowledge, skills, and practices required for careers in early childhood, education, and services.</p> <p><i>Possible Courses</i> <i>Child Development, Child Growth, Parenting, Buddy Mentoring, Human Relations, Family Living</i></p>	<p>Student Body Adopt a classroom of children at a preschool or an elementary school that has limited resources. Create age appropriate, health conscious activities such as nutrition, safety and self- esteem. Visit regularly and serve as role models on how to live a healthy lifestyle.</p> <p>STAR Events- Focus on Children Incorporate the Focus on Children event into your classroom. Your students can use Family and Consumer Sciences skills to plan and conduct a child development project that has a positive impact on children and the community. Student then can prepare a 7-10 minute oral presentation that will be accompanied with a display or manual documenting their steps though this project. Event rules and guidelines are available in the National FCCLA STAR Events Handbook.</p> <p>Career Connections Arrange to decorate and furnish a child’s room for an organization that rehabilitates or builds affordable housing for low income families. If possible, work with the child who will occupy the room and decorate with his or her favorite colors, characters, etc. unique.</p>
<p>5.0 Facilities Management and Maintenance</p> <p>Integrate knowledge, skills, and practices required for careers in facilities management and maintenance.</p> <p><i>Possible Courses</i> <i>Hospitality, Hotel Management, Home Management, ProStart, Food Service, Chef 101</i></p>	<p>Community Service Provide repairs and services to help elderly residents remain in their homes. (Find a list of 100 things you can do on the America Association of Retired Persons website)</p> <p>Dynamic Leadership Have students clean up after a school event such as a Basketball or football game or a pep rally. After the clean up student strategize ways to reduce garbage and promote recycling. Clean up again after your strategies have been implemented and see how it has changed.</p> <p>Career Connections Create an ongoing project where students envision their school building for a different function. Your students can come up with a step by step process how they would turn the school building into a hotel, homeless shelter, youth center etc. Students are given a budget to guide them and are expected to make interior adjustments and how their new building will generate funds to finance their new building.</p>
<p>6.0 Family</p> <p>Evaluate the significance of family and its impact on the well being of individuals and society</p> <p><i>Possible Courses</i> <i>Family Living, Human Relations, Family Life, Parenting, Child Development, Marriage and Family, Family Dynamics, Families Today, Teen Survival</i></p>	<p>STOP the Violence Have students research and discuss how the media promotes violence through TV, Movies and Video games. Have your class design an educational tool such as a brochure, video or public service announcements. Hold a Violence Prevention night for parents in your school and educate them about violent TV programs or video games their children maybe exposed to.</p> <p>Career Connections Have students create a Career Family Tree. Add each person's career to a diagram that shows several generations of the student’s family. The student can evaluate how career choices have changed or stayed the same over time. Encourage student to ask relatives about why they chose their careers or jobs.</p>

<p>7.0 Family and Community Services</p> <p>Integrate knowledge, skills, and practices required for careers in family and community services.</p> <p><i>Possible Courses</i> <i>Teens in Action, Service Learning, Leadership, Family Living, Careers in FACS, Housing</i></p>	<p>STAR Events- Entrepreneurship</p> <p>Operate a clothing boutique to benefit children and youth in need. Collect, sort, clean, and repair clothing for young people. Protect customers' privacy and dignity by creating "boutique bucks" that customers use to "purchase" the clothing. Social agencies and faith communities can distribute these free of charge to families in need, while others may purchase them for a small fee. Open the boutique- complete with displays, sign, and bargain racks.</p> <p>Community Service</p> <p>Help youth with special needs fit in to school and community. Pair up students with special needs youth. Teach Family and Consumer Sciences lessons in special needs classes. Attend school and community activities together. Host special events like parties, dances, and games that allow special needs youth to shine.</p> <p>Career Connections</p> <p>Compile a list of all the possibilities for after-high school education and training in FACS targeted careers. Request information from various institutes, schools, colleges, universities, unions, and associations. Have students create a chart summarizing what they see as the "pluses" and "minuses" of each program. Display their summaries and the information they collected in the school's career center or guidance office.</p>
<p>8.0 Food Production and Services</p> <p>Integrate Knowledge, skills, and practices required for careers in food production and services.</p> <p><i>Possible Courses</i> <i>Culinary Arts, Foods, Nutrition & Wellness, Creative Foods, ProStart, Food Management, Food for Families, Nutrition, Food & Fitness</i></p>	<p>Student Body</p> <p>Conduct educational session on the topic of hand washing behavior and disease transmission. Have students swab common school surfaces and grow the specimens in Petri dishes. Create a Hand Washing Team Shadow Program where students work one-on-one with school nurse, food service director, janitor in planning logistical ways to integrate hand washing and disease prevention into the school.</p> <p>Fundraising</p> <p>Have students create a fundraising business for your department. Students in your classroom could bake brownies, cookies or pizza and then sell during lunch or before or after school. Students will learn basic business and customer service skills.</p>
<p>9.0 Food Science, Dietetics and Nutrition</p> <p>Integrate knowledge, skills and practices required for careers in food science, dietetics, and nutrition.</p> <p><i>Possible Courses</i> <i>Food Service, Occupational Culinary Arts, ProStart, Chef Science, Nutrition, Healthy Living</i></p>	<p>Student Body</p> <p>Have your class create a Nutrition Newsletter that would be very beneficial to senior citizens, young mothers, etc. Students could gather healthy recipes, ask physicians and nurses to write articles, and even review the latest nutrition books and websites. This newsletter could be distributed by the local Food Bank, the community center, local medical clinics and doctor's offices, and any of the recreation or senior citizen centers in the community.</p> <p>Community Service</p> <p>Investigate how much local low-income families have available to spend on food each week. (an administrator of the area's food stamp program might be able to tell you,) Create menus for a week of nutritious meals that stay within that budget and donate any money they save on food costs to charity of their choice. Collect and report information on families' experiences and charitable donations.</p>

<p>10.0 Hospitality, Tourism and Recreation</p> <p>Integrate knowledge, skills, and practices required for careers in hospitality, tourism, and recreation.</p> <p><i>Possible Courses</i> <i>ProStart, Restaurant Management, Culinary Arts, Interior Design</i></p>	<p>Leaders at Work Have students plan their dream vacation. Students can research different destinations all over the world and create a “Vacation Package” complete with an itinerary, hotel arrangements, activities, sightseeing and complete cost of the package. Go even further and have students market their vacation packages through brochures and posters.</p> <p>Community Service Partner with a local community group and volunteer at their special event. Examples include the American Cancer Society, Relay for Life, March of Dimes WalkAmerica, Special Olympics etc.</p>
<p>11.0 Housing, Interiors, and Furnishings</p> <p>Integrate knowledge, skills, and practices required for careers in housing, interiors, and furnishings.</p> <p><i>Possible Courses</i> <i>Housing & Design, Interior & Design, Home Improvement, Homes Today</i></p>	<p>Families First Create a kit or a checklist for family members to make their homes wheel chair accessible. Donate the kits or checklist to a local hospital or nursing home.</p> <p>Fundraising Have students make drapes or reupholster furniture for a profit. Students could donate a pieces for classes to restore and have a class garage sale.</p> <p>Community Service Identify an area in the school or community that needs to be fixed up or cleaned up. Explore what kinds of challenges can arise when area are allowed to deteriorate. Organize youth and adult partners to raise funds, make repairs, clear debris, and rededicate the space to positive uses. Capitalize on members’ interests and skills in graphic arts, space planning, construction etc, plan for furniture spruce ups.</p>
<p>12. 0 Human Development</p> <p>Analyze factors that impact human growth and development.</p> <p><i>Possible Courses</i> <i>Child Development, Child Growth, Human Development, Explore Child Care, Family Life, Pre School Child, Nutrition Though Life, Nutrition</i></p>	<p>STOP the Violence Have your class plan a STOP the Violence week. Your focus on the week could relate how internal school stress can create School Violence. Encourage a blue ribbon panel with someone who was touched by a school shooting, a police officer that deals with youth violence everyday and a mental health official that can describe what a youth who is bulled going through.</p> <p>Community Service Compile severe weather or natural disaster kits to help local residents cope with emergencies, such as blizzards, tornados or hurricanes. Instruct residents how to create their own kits if they are able. Help a food pantry, shelter, or social services agency distribute ready-to-use kits to people in need.</p> <p>Student Body Have teens research how drug use can affect a teenagers physically and mentally. Invite community members to discuss how drug use effects your community. Possible community members to invite are police offices, chemical dependency counselors, emergency room doctors and a former drug addict.</p>

<p>13.0 Interpersonal Relationships</p> <p>Demonstrate respectful and caring relationships in the family, workplace and community</p> <p><i>Possible Courses</i> <i>Everyday Living, Interpersonal Communications, Family Life, Teen Survival, Family Living, Relationships, Family Communications</i></p>	<p>STAR Events- Interpersonal Communications Have students complete a Interpersonal Communications STAR Event. Students will apply communication techniques to develop a project designed to strengthen communication in a chosen category: <i>Community and employment relationships, or family, peer school groups</i>. Students must complete an oral presentation and a response to a related case study. Event rules and guidelines are available in the National FCCLA STAR Events Handbook.</p> <p>Community Service Undertake a joint project with residents of a local nursing home. Create a mural or quilt together. Raise funds for a good cause with a rock-a-thon, checker-a-thon, storytelling marathon, or other events that brings together youth and senior citizens.</p>
<p>14.0 Nutrition and Wellness</p> <p>Demonstrate nutrition and wellness practices that enhance individual and family well being.</p> <p><i>Possible Courses</i> <i>Nutrition, Food & Fitness, Nutrition for the Athlete, Healthy Living, Family Life</i></p>	<p>Student Body Team up with the American Heart Association, Blue Cross Blue Shield, or any local health company to create a local exercise campaign. Have students organize a dance-a-thon or an exercise party to raise funds for diabetes or heart disease.</p> <p>Families First Sponsor a Nutritional Family Fun Night. Have activities for families to learn about proper nutrition through games like Nutritional twists on games such as twister, pictionary, candy land and human tic-tac-toe. Send party favors home packed with easy to make nutritional meals and snack ideas.</p>
<p>15.0 Parenting</p> <p>Evaluate the impact of parenting roles and responsibilities on strengthening the well being of individuals and families.</p> <p><i>Possible Courses</i> <i>Parenting, Family Life, Human Growth, Child Development, Marriage and the Family, Relationships</i></p>	<p>Families First Have students create family rain kits for elementary aged kids. Students work together and decide on a few activities that kids and parents can do at their home on a rainy day. The entire class will assemble the kits and teachers can send the kits home with an explanation what they are.</p>
<p>16.0 Textiles, Fashion and Apparel</p> <p>Integrate knowledge, skills and practices required for careers in textiles and apparel</p> <p><i>Possible Courses</i> <i>Sewing, Clothing & Textiles, Fashion Merchandising, Visual Merchandising, Apparel& Design, Clothing Construction, Flat Pattern, Quilting, Embroidering, Crafts</i></p>	<p>STAR Events- Career Investigations Have your students complete the Career Investigation STAR Event. Students are to perform self-assessments, research and explore textiles and apparel career, set career goals, create a plan for achieving goals, and describe the relationship of Family and Consumer Sciences coursework to the selected career. Students must prepare a portfolio and an oral presentation.</p> <p>Community Service Partner with a homeless shelter. Demonstrate support for homeless families by spending 24 hours outside. Set up near a community store or other frequently visited businesses, and collect donations of children’s clothing and money. Give the donations to the shelter.</p>

New Chapter Action Plan

September

Contact the FCCLA State Office

Call the state FCCLA office at 651-330-2855 and notify us you are starting a chapter. The MN FCCLA state office we will get you on track with chapter mailings and match you with an experienced advisor mentor.

First Chapter Meeting

Pre-meeting tasks

- Set your meeting date and time
- Hang up posters around your school with meeting date, time and location.
- Hand out invitations or locker posters to potential members or interested students.
- Advertise the meeting in the school announcements.

REMEMBER... At your first meeting your goal is not necessarily to get the most members as much as it is to build a core group of 5-9 kids to get the chapter off its feet)

- Serve food/ snacks
- Plan a fun activity
- Check out the Introduction to FCCLA lesson plan on page of this book
- Invite a State, Region Officer or a MN FCCLA staff member to come and talk about their FCCLA experiences and opportunities.
- Set the next FCCLA meeting date and make sure everyone know when it is before they leave.

Fall Region Mailing

Look for a region mailing. This will contain details of your fall region meeting. Talk to your region president advisor. Some regions will welcome you to your first meeting at a reduced cost.

October

FCCLA Chapter Project

Since this is your chapters first year and because FCCLA has so many projects and can overwhelm new members and advisor, we suggest just focusing on one FCCLA project. For example, your chapter might choose to focus on FCCLA's Student Body Project, some ideas might be to have your organize a Healthy Bodies week in your school or invite a Personal Trainer, Nutritionist and Chemical Health Dependency Councilor speak to students about Eating Right, Being Fit and Making Healthy Choices. Later on your chapter will begin to plan more in-depth projects related to the Student Body Program.

Dues

The first batch of state and national dues are to be postmarked and sent to the state FCCLA office October 25th, 2011. This will ensure that your chapter will receive all of the state and national mailings. You can always add members through out the year the last dues payment should be sent out no later than May 1st, 2011. **All STAR Event Participants must post marked and sent to the State FCCLA Office by February 1st, 2011 to be eligible to advance to the National FCCLA Conference in July.**

Fall Region Meeting Registration

Minnesota is divided up into 8 FCCLA Regions. Each region holds a Fall Region Meeting. This meeting is to bring the FCCLA Chapters in a particular region together and get excited about the upcoming school year. This is an afternoon long meeting and encourages members to stay active all year long . Look for your registration packet/ mailing in September or October the meeting will be

held in October.

October Continued

Cluster Meeting

A cluster meeting is a National Region Meeting that happens in November at four different locations. Look for registration forms in the mail or on the FCCLA website www.fcclainc.org. This year Minnesota will be hosting a National FCCLA Cluster Meeting November 11-13, 2011.

November Leadership Summit/ Dynamic Leadership II

This Year MN FCCLA will host a Condensed Leadership Summit in the Twin Cities November 11, 2011. This year will showcase the National Career Connection Program by exploring different careers connected to the NBA Team Minnesota Timberwolves. It will surely inspire students to examine their future career goals this year.

November

FCCLA Resources

If you haven't already, now would be a good time to order the National FCCLA Chapter Handbook CD and download the STAR Event Handbooks. Please note that there are two STAR Event handbooks one State and one National your chapter should download both copies. The National STAR Event Handbook is on the National website www.fcclainc.org, the State STAR Event Handbook is on the State website www.mnfccla.org click on advisor section.

Chapter Offices

Hopefully your chapter has some regular active members. After a couple months of seeing chapter members in action it is a good time to elect officers. Each chapter is different, some chapters elect the following President, Secretary, Treasurer, Public Relations Chair Person. Other chapters just elect a team of officers. Your chapter must decide amongst themselves how they would like to set up the structure of their chapter.

Membership Campaign

November is a good month to focus on membership, some of the fall sports are ending and students might now have the time to devote to FCCLA. Please reference to the membership section of this book to help create your membership campaign. The National FCCLA Membership kit is a great resource for your chapter to use when recruiting new members. It contains videos to show in your classroom, informational handouts and meeting and project ideas. If you haven't received your Membership kit CD request one on the national website www.fcclainc.org. For more membership ideas turn to pages 28 and 29 of this handbook.

Fundraising Campaign

With the holidays coming up, it's a great time to fundraise!! Have your chapter come up with a small fundraiser to raise funds for your chapter. For example, some chapters sponsor a holiday dance, sell holiday grams or bag groceries for the local grocery store. For more fundraising ideas refer to pages 30-34 of this handbook.

Community Service/ Service Learning Project

Have your chapter plan a service learning project to do in the Month of December. For example, have a Families Acting for Community Traffic Safety (FACTS) event at your school, such as inviting your local police department to check if child car seats are strapped in an automobile correctly or have students and staff sign a pledge that they will not drink alcohol, text or talk on their cell phone while driving. What ever your chapter wants to do, do it!! Create a plan using the FCCLA Planning Process (found on the FCCLA Chapter Handbook CD and the State Mini Handbook and go with!!)

December

Community Service/ Service Learning Project

Carry out and evaluate your service learning project you planned last month and evaluate.

Holiday Party

Don't forget to have fun and plan a party for your FCCLA members, you can celebrate all of your achievements your chapter made the past couple months!!

STAR Events

Discuss with your chapter about the possibility of them competing in a STAR Event. One suggestion for new chapters is to enter the Chapter Service Project Display or Manual category. Your chapter representatives could enter these categories and just use the service learning project they are executing this month as the focus of their STAR Event. MN FCCLA understands that entering a STAR Event during your first year can be a very stressful and intimidating process. We are here to help you, please call or set up an appointment with state staff to walk you through this sometimes overwhelming process.

January

STAR Events

If your chapter decided to compete in STAR Events, your chapter should be finished putting it together by early to mid January and polishing it up by the end of January. All STAR Event competitors must compete at the region level to be eligible to advance to the State FCCLA Conference. Mid- Winter region meetings usually fall all through the month of February. Again if you have any questions regarding STAR Events please contact the State FCCLA Office.

FCCLA Week

FCCLA Week is the second full week in February, this year it is February 11-17th. This is a good time to plan what your chapter can do next month. Some chapters plan a project during this week, some might recruit members or hold a fundraiser.

Legislative Shadow Day Registration

This year's legislative shadow day will happen in February. We strongly encourage chapter members to participate in this event. Students will have the opportunity to shadow state legislators and tell them all of the wonderful things your chapter is continuing to do this year! Watch for the Legislative Shadow Day Registration in the mail and/ or the Minnesota FCCLA website: www.mnfccla.org .

February

Mid- Winter Region Meeting

If your chapter is planning on competing in STAR Events, they MUST compete at this region meeting. Contact your region president's advisor for the date of your Midwinter Region Meeting.

FCCLA Week

Have your chapter execute the plan they were working on last month for FCCLA Week.

Watch for and complete State Conference Registration

State conference registration is coming out this month, it will be on our website www.mnfccla.org. All registration must be post marked and sent to the state FCCLA Office no later than March 1st, 2011. If you have any questions regarding registration please call the State FCCLA office.

February (continued)

State and National Award Deadlines

Most state and national award deadlines will be March 1st. Award applications will be on the State and National website, print off and fill out the applications in February to be sent out on March 1st. If you have questions regarding award applications please contact the state FCCLA office.

March

State Conference Registration

- State Conference Registration is Due March 1st. If you have any problems with registration please contact Shelly Barrett at the state FCCLA office.
- The end of March you should receive a registration confirmation and STAR Event Participant evaluation times.
- You will be notified if your chapter will be receiving an award at the state FCCLA Conference.

STAR Event Participants

STAR Event Participants should be practicing and putting on finishing touches on the projects.

April

State Conference:

95% our chapters attend the state Conference. We encourage all chapters to attend.

Legislative Appointments

Chapters are encourage to visit their legislators on the 18th of April, hopefully they made an appoint last month.

National STAR Event Advancers

All STAR Event Advancers are to notify the state office at the National Advancer Meeting immediately following the Saturday Closing session if they are planning on attending the National Leadership Conference in Orlando, FL.

May

Dues

Last Dues payments are due in to the state office by May 1st.

National Leadership Meeting Registration

National Leadership Meeting Registration should be post marked and sent to the National FCCLA no later than May 7th.

End of the year banquets

Most FCCLA chapters hold a banquet celebrating their year success in the month.

June

Dynamic Leadership I Registration

Region, State officers, peer educators along with their advisors are required to attend camp. Registration will be due at the end of this month.

July

National Leadership Meeting

National Leadership Meeting will be held July 8th-12th, 2010

August

Leadership Camp

Camp will be held in August the exact dates are to be determined

First Meeting Introduction to FCCLA Lesson Plan

Submitted by Martha Lockwood, Illinois State Advisor

Student Learning Objectives:

Instruction in this lesson should result in students achieving the following objectives:

1. Explain who can be a member of FCCLA.
2. Identify what the membership dues are.
3. Describe the benefits of being an FCCLA member.
4. Define leadership and identify opportunities for leadership with the FCCLA organization.

List of Resources:

Be Part of It! Video (included on the *Be Part of It!* CD or you may request a video copy.)

Human Scavenger Hunt

List of Equipment, Tools, Supplies, and Facilities:

Writing surface

Video or CD/ LCD projector

Copies of the Human Scavenger Hunt

Terms:

The following terms are presented in this lesson (shown in bold italics):

FCCLA

Member

Dues

Benefits

Leadership

Introduction/ Interest Approach:

Use an interest approach that will prepare students for the lesson. Teachers often develop approaches for their unique class and student situations. A possible approach is included in this lesson plan.

Divide your class into three groups. Have each group define one of the following words: family, career, and community. Explain that each of these words is included in the name of a student organization also known as Family, Career and Community Leaders of America (FCCLA). Show the *Be Part of It!* Video.

Use the *Human Scavenger Hunt* activity to introduce the students to FCCLA. Give each student an answer card and a Scavenger Hunt Answer Sheet. Then have them move around the room to find the person with the answer to their questions. The students should write the answers in the correct box on each other's paper.

Summary of Content and Teaching Strategies:

OBJECTIVE # 1

Explain who can be a member of FCCLA.

Anticipated Problem:

Define the term “member”. Who can be an FCCLA Member?

- I. A **member** is a person who belongs to an organization or group.
 - A. **FCCLA** is an acronym for Family, Career and Community Leaders of America. It is a national career and technical student organization for young men and women in Family and Consumer Sciences Education in public or private schools through grade 12.
 - B. To be a member you must have already had or be currently enrolled in a Family and Consumer Sciences class.
 - C. Membership is gained by paying an annual dues amount.
 - D. FCCLA has a national membership of over 220,000 young men and women in nearly 7,000 chapters. There are 50 state associations including the District of Columbia, Puerto Rico, and the Virgin Islands.

OBJECTIVE # 2

Identify what the membership dues are.

Anticipated Problem:

How much are membership dues? When do I need to pay them? Who do I pay the to?

- II. **Dues** are a fee or charge for membership in an organization or group.
 - A. Students pay dues each year to be a member of an FCCLA Chapter.
 - B. Dues are currently \$9.00 for National Members ship and \$10.00 for the Minnesota State Association which is a total of \$19.00.
 - C. Each teacher/ school determines when the student’s membership dues will be collected.
 - D. Each teacher/ school determines who will collect the dues for their school/ chapter.
 - E. Each dues paying member receives a membership card, a subscription to the national FCCLA magazine *Teen Times*, and the opportunity to participate in all national and state sponsored competitions and meetings.

OBJECTIVE # 3

Describe the benefits of being an FCCLA member.

- III. A **benefit** is an advantage.
 - A. FCCLA offers members the following benefits:
 1. New friends- with chapters all over the country, you are part of a national network of young people.
 2. Career preparation- Through the competitive events and national programs that focus on careers members can prepare themselves for their future career.

3. Travel opportunities- Students have the opportunity to travel within their states and across the country to various workshops and meetings.
4. Project & goals- Setting goals and carrying out projects are part of what FCCLA is all about. From Community Service projects to the competitive events, members set goals and then work hard to achieve them.
5. Personal growth and enhanced self esteem- Individuals see personal growth and have better self-esteem through helping others. Community service projects not only help the community, they help the individuals who carry them out.
6. Positive contact between youth and adults- Although FCCLA is a youth-led organization, students have the privilege of working with adults in their schools and communities.
7. Public Speaking skills- Whether it is through an FCCLA public speaking competitive event or through communicating with people in a community to carry out a service project, students improve their communication skills.
8. Scholarship awards- There are many FCCLA scholarship awards available. Check out the state and national Web sites for details.
9. Leadership experiences.

B. Each member determines which benefits that they want to take advantage of.

OBJECTIVE #4

Define leadership and identify opportunities for leadership with the FCCLA organization.

Anticipated Problem: What is leadership? What leadership opportunities does FCCLA offer?

IV. **Leadership** is the position or function of a leader. It is the ability to guide or direct others.

A. FCCLA members can experience leadership by participating in projects that their chapters conduct.

1. Committee chairpersons or team leaders are often used to carry out community service projects or fundraising activities.
2. Committee or team members can offer personal ideas and contribute to group projects.

B. Students may also hold leadership offices.

1. Chapter officers are elected by the members from that school. The number of chapter officers is determined by the local group.
2. State associations elect their own youth officers usually during an annual meeting of the state association.
3. Ten national officers (students) are elected by the voting delegates at the annual National Leadership Meeting and together make up the National Executive Council.

C. FCCLA Leaders should:

1. Have positive attitude
2. Work closely with everyone in the chapter to achieve their goals
3. Respect the opinions of others
4. Stay informed about what is going on with the organization.

Review/ Summary

Use the student learning objectives as the basis for review and summary. Have students explain the content associated with each objective. Use their responses in determining which objectives and concepts need to be re-taught.

Application

Use the Human Scavenger Hunt and *Be Part of It!* Video to apply the information presented in the lesson.

Evaluation

Evaluation should be based on student comprehension of the learning objectives. This can occur during instruction, review, or later as students apply the information. The attached sample written test can also be used.

Answers to Sample Test

Part One: Matching

1. B
2. C
3. A
4. D

Part Two: Completion

1. \$9.00
2. 220,000
3. Family, Career and Community Leaders of America
4. \$10.00

Part Three: Short Answer

1. To be a member you either have to currently be enrolled in or have already taken a Family and Consumer Sciences course.
2.
 - A. membership card
 - B. a subscription to the national magazine *Teen Times*
 - C. the opportunity to participate in all national and state activities
3. Any four of the following nine can be listed:

A. New Friends	B. Career Preparation
C. Travel Opportunities	D. Projects and Goals
E. Personal Growth and enhanced self-esteem	F. Positive contact between youth and adults
G. Public speaking skills	H. Scholarship Awards
I. Leadership Experiences	

Test: Introduction to FCCLA

Part One: Matching

Instructions: Match the term with the correct definition.

- a. Member
- b. Benefits
- c. Leadership
- d. Dues

- _____ 1. An advantage or something you receive for being a member.
- _____ 2. The ability to guide or direct others.
- _____ 3. A person who belongs to an organization or group.
- _____ 4. A fee or charge for membership in an organization or club.

Part Two: Completion

Instructions: Complete the following

- 1. The national FCCLA dues are \$_____.
- 2. FCCLA has more than _____ members nationwide.
- 3. FCCLA is an acronym that stand for _____, _____, and _____ of _____.
- 4. State FCCLA dues are \$_____.

Part Three: Short Answer

Instructions: Answer the following questions.

- 1. Explain who can be a member of FCCLA.
- 2. Identify three things that your receive for paying your FCCLA dues.
- 3. List four benefits that FCCLA members receive.



50 Membership Ideas



1. **Create a holiday invitation (St. Pat's, Thanksgiving, Spring,) and ask each member to hand out at least five invitations to friends or potential members.**
2. Design a chapter brochure and distribute it to prospective members.
3. Develop a web site listing your chapter information.
4. Use National Be Part Of It videos designed to recruit new members at your next chapter meeting.
5. **Post brochures and flyers about FCCLA all over your school.**
6. Have a guest book at your meetings, and ask each guest to sign in. Follow up with each guest by sending a thank you note and inviting them to your next meeting.
7. Offer to pick up a potential member so you know that they will make the meeting.
8. Plan a chapter membership building contest.
9. **Make your meetings FUN! People will want to invite friends to share in on the fun.**
10. Keep business to a minimum when you have potential members present. Potential members can be overwhelmed by business anyway. If you don't have business to conduct, skip the business meeting all together.
11. Send out press releases on all your activities. Don't be discouraged if it takes awhile to be noticed. (NOTE: Small community papers are likely to give you the best coverage.)
12. Send personal notes to members that you haven't seen for awhile. Let them know that you've missed them, and are anxious to have them back.
13. **Have chapter business cards made up with your meeting date, location, time, and a contact number. Pass them out all over school.**
14. Develop a mentor program. This will help encourage younger and new members to keep involved with the chapter, and will help long term members renew their enthusiasm.
15. Run a FCCLA ad in your school newspaper.
16. Have a procedure to follow up new member leads.
17. **Put an FCCLA bumper sticker on your car.**
18. Carry an FCCLA backpack around school.
19. Wear your FCCLA gear on a regular basis (t-shirts, socks, pins etc.).
20. Sponsor an FCCLA booth at school and community events. Follow up with people who express interest.
21. **When someone compliments you on a project or presentation, be sure to mention that you developed your skills in FCCLA. Ask if they would be interested in doing the same.**
22. Have a committee that is focused on membership ideas. Brainstorm and write down membership ideas and then plan a follow up strategy.
23. Read your Teen Times regularly. There are good membership ideas in it.
24. Challenge the other chapters in your region to a membership contest.
25. **If you have a strong chapter, consider being a "big brother" to a struggling chapter.**
26. Have your chapter attend state trainings and ask other chapters how they recruit new members.
27. If your meeting attendance is dropping, take a look at your meeting time and location. It may be to move.

28. Have an induction ceremony for new members. It makes them feel important and part of the organization. It's almost impressive for other guest in attendance.
29. **Tell your friends how much fun you have belonging to FCCLA.**
30. Write in article for the Horizon or Teen Times. Circulate it at your school.
31. Ask a State Officer to come to a membership building meeting and give an inspirational address.
32. Does your chapter stop meeting during the summer months? Continue on instead. Even though attendance may be low, you can keep your momentum going instead of stopping and then trying to build back up all over again.
33. **Hand out dues reminders to unpaid members. If they are temporarily unable to make a meeting at least let them know they can keep their dues current.**
34. Talk with an area advisor/ chapter about membership problems you are facing. Sometimes getting an outsider's opinion will give you a new way of looking at things.
35. Have your chapter donate a conference registration fee for your region on state conference.
36. Award current members for their recruiting efforts.
37. **Once a quarter have a "Guest night." Each member should bring at least one potential member.**
38. Break Chapter members into teams and have one month membership contests. The team that recruits the most members is served a special desert, provided by members of the other team.
39. Assign a mentor/ buddy for new members.
40. Treat all potential members warmly and make sure they are introduced to chapter officers and members.
41. **Consider scheduling a social event that can showcase what FCCLA can offer. Make sure you follow up on all new member leads.**
42. Have a monthly drawing for a FCCLA prize. Every time a member brings a potential member to a meeting, their name is put into a basket for a drawing. At the last meeting of the month a new name is drawn out and a prize is awarded. Have a duplicate prize for the potential member if they became a member.
43. Develop chapter talking points that can be used when talking to prospective members.
44. If you have a good membership idea, forward it on to your state officers for inclusion in the Horizon. Hopefully other chapters can benefit from your idea as well.
45. **Break down your annual goal for new members into a monthly goal. It will seem much easier to meet that way.**
46. Have a secret greeter at your meeting to make sure everyone is warm and welcoming to potential members.
47. Have an FCCLA membership lock-in. Have fun activities planned where potential members learn about FCCLA programs.
48. Have a FCCLA booth set up during incoming freshman/ new student orientation.
49. **Have chapter officers speak to all FACS classes about the benefits of being an FCCLA'er.**
50. Always have one fun activity at all FCCLA chapter meetings.

Fundraisers from A - Z

<h2>A</h2>	<ul style="list-style-type: none"> • Auction- Sell a service that could be done by your chapter officers to the highest bidder. • Arm Wrestling Contest- Charge your fellow students to arm wrestle one another. Present the winner with a badge or a medal. • Art Sale- Have members or your chapter all complete one art project. Invite family, friends, school staff and community members to bid on the art projects that are displayed
<h2>B</h2>	<ul style="list-style-type: none"> • Book Sale- Trade and sell old books • Beauty Salon- Before a school dance, host a beauty salon (do hair, nails, makeup, etc) • Baby Picture Contest- Have your school staff provide one of their baby pictures to see who wins the cutest baby contest. Votes cost \$1.00 and there is no limit on voting • Battle of the Sexes- Host a battle of sexes contest at your school. Design a series of games and or obstacle courses around your school and charge each team \$25.00 to entry fee.
<h2>C</h2>	<ul style="list-style-type: none"> • Car Wash- Hold a car wash • Car Bash- Decorate teachers cars for a fee • Cookie Grams- Make giant heart shaped cookies with messages on them and sell them on Valentines Day. • Carnival- School carnivals are a great way to make money and connect with your community.
<h2>D</h2>	<ul style="list-style-type: none"> • Dodge Ball Tournament- Students against teachers, staff against another school rivals staff. • Dinner Theater- Host a dinner theater, serve dinner before or during the play. • Dating Game- Orchestrate a Dating Game. Contact restaurants to donate 2 separate \$10 gift certificates for dinners. Have students sign up to be contestants. One is the person who does the choosing three others are the contestants. Tickets to attend are \$1.00 each. You could even have a teacher round with the single teachers!
<h2>E</h2>	<ul style="list-style-type: none"> • Escorts on Halloween- Charge \$5.00 per hour to go trick or treating with kids in your community. • Egg Sale- Go to one house and ask for a donation of an egg. Go to the next house and sell that egg for \$1.00. Get another egg at a different house and start all over again. • Engraved Bricks- use engraved bricks or ceramic tiles in a school walkway or courtyard or to decorate a wall.

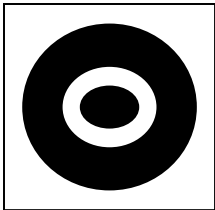
<h1>F</h1>	<ul style="list-style-type: none"> • Fashion Show- host a fashion show, display the latest prom trends and sell tickets to the show. • Friday Night Commons- This event can be held in your school cafeteria, charge \$5.00 per person. Have local bands perform, serve pizza, have board games and cards. • Fudge Sale- Before and after sporting events
<h1>G</h1>	<ul style="list-style-type: none"> • Garage Sale- have chapter members and staff donate items for a garage sale. All funds will go right to your chapter bank account. • Green Thumb Business- members start growing plants and sell them for mothers day. • Go door to door- offer to rake, shovel snow or plant flowers for a small fee.
<h1>H</h1>	<ul style="list-style-type: none"> • Haunted House/ Forest- make a haunted house or forest and charge \$5.00 fee to get in. • Hayride- why not organize a hayride \$5.00 per person • Home Interiors Candle Sale- Find a local home interior representative, get brochures, members sell candles and air fresheners and your chapter receives 50% of the item sale price.
<h1>I</h1>	<ul style="list-style-type: none"> • Ice Skating Party- organize a Ice Skating Party for your Community, offer skating lessons, hot chocolate, watch movies like Miracle or the cutting edge. • Indoor Kickball Tournament- invite neighboring schools and community members and host a kickball tournament in your high school gym. Charge each team an entry fee
<h1>J</h1>	<ul style="list-style-type: none"> • Jewelry Making- Buy jewelery making supplies, demo some ideas and charge people \$10.00 to make a necklace for themselves or for Valentines Day/ Mother's day • Jam Night- host a local battle of the bands at your school. Charge \$5.00 per person to watch and select a winner
<h1>K</h1>	<ul style="list-style-type: none"> • Kiss a Senior Good Bye- Sell postcard size cards for \$1.00 with a Hershey kiss attached (purchaser writes a farewell message) and deliver them on the seniors' last day. Offer a more extravagant option a bag of kisses and a helium balloon for \$3.00. • Kiss a Pig Contest- Have the principal or your advisor kiss a pig and collect pledges

L	<ul style="list-style-type: none"> • Lock In- Host a lock in at your school, offer a bunch of fun activities and charge each person \$20.00 for the night. • Leap Frog-a-thon- Get sponsored per leap, or per quarter-hour. More fun if you're leaping over strangers, in the local park or on the beach. Tell them what you're doing; they'll either laugh and agree or walk very quickly in the opposite direction. Take photos to prove you did it!
M	<ul style="list-style-type: none"> • Midnight Film Show- These could be held at the school.. Make a feature of the fact that it's being held at midnight, with atmospheric lighting etc. Charge for entry. • Mobile Rummage Sale- Collect donations of items to sell, get a truck and then go door to door, explaining to community members that you are raising money for a good cause. If they can't purchase anything maybe they could donate to your sale.
N	<ul style="list-style-type: none"> • New Years Eve Party- This could be as big or as small as you like - in FACS Room or Gymnasium. Have a dance or a lock in. • Nanny Rent- Have your chapter members babysit or clean homes for a small fee. • Newspaper or Magazine Drive- Sell newspapers or magazines for a fundraiser
O	<ul style="list-style-type: none"> • Origami- If you're good at this Japanese art-form, hold an origami workshop for kids. • Operation Jug- Place a huge jug in the cafeteria for people to throw their loose change into. • Obstacle Course- Design a fun and challenging obstacle course and charge people to participate
P	<ul style="list-style-type: none"> • Prom Dress Sale- Have students donate or sell a gently used prom (or bridesmaid) dresses. Promote this event to other area schools, private schools and public places. Your chapter could collect a flat fee for each dress or a percentage of the sale. • Pool Competition- People put money in a pot to enter; the winner takes half of what's in the pot, you take the other half!
Q	<ul style="list-style-type: none"> • Quiz Show- Between students and teachers, ask pop culture and general trivia questions • Quilt Raffle- Have your chapter make a school themed quilt, complete with school colors, mascot. Raffle it off and personalize it with the winners name and graduation year.

R	<ul style="list-style-type: none"> • Races- Be imaginative - think sack-races, baby races, electric wheelchair races, stillette races... charge people for entry and get a local company to donate a prize. • Recycle- Recycle cans for money! Some places will give you up to a penny a can. Do a massive appeal and get your friends, family and neighbors to give you their empty cans. Over a year, you could make a fair bit, and help the environment too.
S	<ul style="list-style-type: none"> • Scoff-A-Hotdog Competition- Who can eat two in the shortest time? Who can eat the most in two minutes? Charge people to enter, with a free meal (donated by a fast-food joint?) for the winner. You'll be surprised how many people enter a comp like this just for the 'glory'. • Sponsored Silence- How much would family and friends pay to shut up your chapter members for a day? A sponsored silence is really easy to organize, and can make you a quite of bit of change.
T	<ul style="list-style-type: none"> • Topless Car Wash- Hold a carwash and only wash the bottom of the car for \$3.00 or wash the whole car for \$6.00 • Twister-a-thon- Get sponsored to play an all-day game of Twister with your mates. People will donate more if you're doing it in a public place - your embarrassment is always worth a few bucks. • Talent Show- Organize a talent show charge an entry fee and tickets to the show.
U	<ul style="list-style-type: none"> • Uncle Sam Sitters- Have your chapter babysit community members children on election day for a small donation. • Unwanted Gift Sale- Get your friends and family to donate their unwanted Christmas gifts in early January and sell them in a silent auction.
V	<ul style="list-style-type: none"> • VIP Seats- Set a couch at the 50 yard line and raffle "VIP Seats" off, or sell them to the highest bidder on Homecoming week! • Video-a-thon- Rent a bunch of classic movies and play them back-to-back for 24 hours. Print schedules and hand them out to your friends and acquaintances, who'll hopefully turn up and pay to watch their favorites. Offer a discount for those who last the whole 24 hours. Don't skimp on the popcorn.
W	<ul style="list-style-type: none"> • Watermelon Olympics- Charge an entry fee for the "Watermelon" Olympics, possible events could be, Watermelon Seed Spitting, completing an obstacle course while holding a watermelon, rolling a watermelon the length of the football field, watermelon bench press and watermelon shot put.

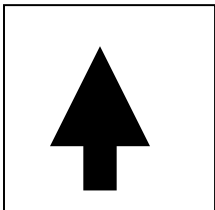
<p style="text-align: center; font-size: 2em; font-weight: bold;">X</p>	<ul style="list-style-type: none"> • Xmas Craft Fair- Have your chapter organize a craft fair around Christmas time charge a fee to enter or sell crafts. • X Marks the spot- Hide a prize on your school campus. Have students purchase the first clue to find the hidden treasure.
<p style="text-align: center; font-size: 2em; font-weight: bold;">Y</p>	<ul style="list-style-type: none"> • Yard Flamingos- A practical joke that people play on their friends! Under the cover of night, the lawn of the intended "target" is covered with pink flamingos, garden gnomes, and other tacky and outrageous lawn decorations. That person must then pay your chapter to remove the ornaments from <i>their</i> lawn and place them on someone <i>else's</i> lawn the next night!
<p style="text-align: center; font-size: 2em; font-weight: bold;">Z</p>	<ul style="list-style-type: none"> • Zamboni Rides- Raffle of the opportunity to ride a the zamboni at your school's next home hockey game.

FCCLA Planning Process



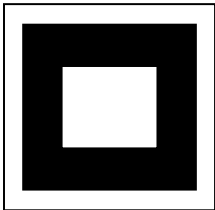
Identify Concerns

- Brainstorm Concerns
- Evaluate listed Concerns
- Narrow to one workable idea or concern



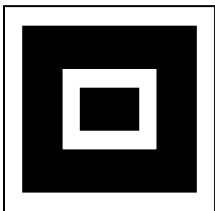
Set Your Goal

- Get a clear mental picture of what you want to accomplish
- Write it Down
- Evaluate it



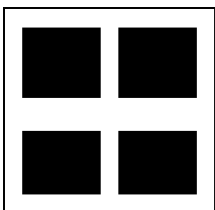
Form a Plan

- Plan how to achieve goal
- Decide who, what, where, when, why, and how



Act

- Carry out the project



Follow Up

- Evaluate Project
- Thank people involved
- Recognize participants

FCCLA Project Planning Sheet

Purpose/ Project Title: _____

Type of Project: _____ Date: _____ # of People: _____

Project Location: _____

Timing	Activity	Methods	Who is in charge