

READY FOR THE REAL WORLD?

Senior High

Description

I found that many students in our school have not had a chance to systematically examine their future and possible careers. I have had a brief unit on careers as part of a foods class, but I felt that something more comprehensive was needed.

Family and Consumer Sciences Classes

- Foods
- Family Living
- Independent Living

Classroom Activities

- Interview adults about work: services provided, rewards and career histories.
- Complete a series of self-assessments, inventories and aptitude tests.
- Research 15 careers and complete profiles on them including preparation needed, working conditions, expected pay and benefits. Have students prioritize based on personal preferences.
- Create a "Good for Me" folder that list information about each student and his/her accomplishments, practice interview skills, identify people who could connect the student to jobs.
- Complete a Career Shadowing experience and reflect on it.
- Do a presentation on work attitudes and personal skills to the real world and reflect on own skills as being job-specific, transferable or self-management skills.
- Develop a personal career plan including post-secondary training options that relate to an individual's preference.
- Interview adults or have speakers who represent a variety of career and lifestyle options.

Class Connection of FCCLA Projects

- STAR Events--Illustrated Talk; Job Interview; Career Investigation
- Power of One module--Working on Working
- Career Connections modules

Resources

- Career Connections (1998) FCCLA
- The Real Game (1995) NOICC
- Power of One (1995) FCCLA

Connection to Minnesota Graduation Standards

- Physical Ed and Lifetime Fitness--Career Investigation (Career Shadowing performance package by MN FCCLA)

Submitted by Gail Klunenber, Sebeka FCCLA Advisor, Sebeka High School, Sebeka, MN 56477