

FOOD FOR ALL

Senior High

Description

Adequate nutrition is necessary for human development. Distribution of food in the world and in our communities sometimes divides people. In order to understand world hunger Family and Consumer Science students will participate in a hunger experiment. This experiment will be the basis to develop a service project dealing with food for hungry people.

Family and Consumer Sciences Classes

- Foods
- Family Living

Classroom Activities

- Have students prepare two meals--one is a complete, well-rounded family meal and the other will be a small offering of low quality food.
- Invite another class to share the meals with your class. As they enter, 5-6 students are chosen to eat the complete meal, while the others are offered the other meal.
- Video tape the class or have students observe the behavior of their guest.
- Generate a class discussion with guest and ask question about how they enjoyed the meal.
- Develop a service project as group related to the activity.

Class Connection of FCCLA Projects

- STAR Event--Illustrated Talk, Service Learning
- Student Body Project

Resources

- Food Today
- Local Food Shelf

Connection to Minnesota Graduation Standards

- Community Service
- Diversity and Cultures