

# **FAMILY TRADITIONS**

## **Senior High**

### **Description**

It is important for students to understand the importance of family traditions. Through sharing family traditions/special activities in class, students discover the diversity of traditions in families/cultures and gain a better understanding of their classmates.

### **Family and Consumer Science Classes**

Family Living  
Relationships  
Child Development

### **Classroom Activities**

Give each class member 4-6 ribbons of the same color. Use many different sets of colored ribbons for this group activity. Encourage each participant to mix with the group/class to obtain 4-5 different colors of ribbon by the time the activity is finished. As the class members introduce themselves to others, they are to share a family tradition or family activity that they did while growing up. Each person exchanges a ribbon and the goal is for each person to have a set of multi-colored ribbons. After 10-15 minutes, ask the class to share some of the interesting traditions/activities that they heard about as they collected their ribbons. As an additional activity, have students research different cultural traditions observed by families and have them prepare a presentation for the class.

### **Class Connection of FCCLA Projects**

Families First, National FCCLA  
Power of One, National FCCLA

### **Resources**

Families First Handbook, National FCCLA  
Local library  
Internet research  
Community residents

### **Connection to Minnesota Grad Standards**

Research and Inquiry

**Submitted By: Marilyn Schoolmeester, Edgerton High School**