

# EXPLORE THE OPPORTUNITIES

## Senior High

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### Description

Many students have no idea of what career field they want to enter. Students need help exploring and planning career goals. Family and Consumer Sciences can educate students on college choices, career majors and life goals.

### Family and Consumer Sciences Classes

- Career Planning
- Independent Living
- Life Skills

### Classroom Activities

- Invited different speakers to speak to the class about their occupation.
- Have each student create a career resource packet and share it with the class.
- Organize a job shadow day.
- Have students take personal assessments and from that set career goals.

### Class Connection of FLA Projects

- Community Service--Create a career resource area with students career packets.
- STAR Event--Illustrated Talk, Job Interview
- Career Connections

### Resources

- Career Connections handbook--FCCLA
- Cool Careers for Dummies (1998) Worldwide, Inc

### Connection to Minnesota Graduation Standards

- Career exploration