

MIGHTY MENTORING

Junior or Senior High

Description

Mentoring is a cultivating experience for people of all ages. It gives youth an opportunity to be a positive and influential figure in someone else's life while growing as a person.

Family and Consumer Science Classes

Child Development
Family Life
Human Relations

Classroom Activities

Help students create a one-time mentoring event
Work with programs such as America reads to set up a mentoring schedule
Develop a mentoring program for elementary children
Visit a nursing home to play games/other activities
Set up a peer mentoring program
Set up a game day with elementary kids

Class Connection of FCCLA Projects

Big Deal
LIFT--Learning Is Fun Together program
Individual and Buddy Mentoring
STAR Event: Mentoring/shadowing, Illustrated Talk

Resources

LIFT Handbook, MN FCCLA
Individual Mentoring Program Handbook, MN FCCLA
STAR Events Manual, National FCCLA
Big Deal Handbook, MN FCCLA

Connection to Minnesota Grad Standards

Decision-making, People and Cultures, Current Issue Analysis, Career Exploration