

BUILDING CHARACTER

Junior High

Description

Building character is an important stepping stone into preparation for adult life. People with good character are honest, keep promises, stand up for what they believe in, respect themselves as well as others and accept responsibility. They are also willing to try to make the world a better place. Having good character will earn the respect of the community and help you I having success in your life. The problem with building character is that it is a hard task to overcome if it does not come naturally.

Family and Consumer Sciences Classes

- 7th Grade FACS
- 8th Grade FACS

Classroom Activities

- Students take an assessment of their character.
- Students assist in teaching younger students the importance of good character through role-playing or situations that may demonstrate bad character.
- Students identify character traits that they believe to be important and share those ideas with others.
- Students identify a person they admire and list trait and characteristics of that person they admire.

Class Connection of FCCLA Projects

- STAR Events--Focus on Children; Skills for Life, Interpersonal Communication
- Power of One module a "Better You"--have this be a class assignment.
- Power of One module Take the Lead--have students develop workshops on character building.
- Community Service--organize a random acts of kindness day.

Resources

- Dynamic Leadership Handbook (1999) FCCLA, Inc.
- Power of One Handbook
- Leadership Excellence Award (see MN STAR Events Handbook)

Connection to Minnesota Graduation Standards

- Inquiry--Case Study